

COUPLE & FAMILY THERAPY (MFT)

Contacts

Program Director: Erica J. Wilkins, PhD, LMFT

Campus: Center City

Program Website (<https://www.jefferson.edu/academics/colleges-schools-institutes/health-professions/departments-programs/counseling-behavioral-health/programs/couple-family-therapy.html>)

Program Description

This is a full-time, two-year, 66-credit program, which is modeled on the core curriculum developed by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), focusing on key areas of contemporary practice, including:

- Couple and Family Therapy
- Sex Therapy
- Unique challenges with various types of couple and family relationships
- Trauma
- Medical family therapy
- Culturally competent practice with diverse populations

Curriculum: 2 Years, 66-69 Credits

Course	Title	Credits
First Year		
Fall		
CFTP 501	Theory & Practice of FT I	3
CFTP 503	Foundations of Systemic Pract	3
CFTP 505	Life Span Dvlp Systemic Perspe	3
CFTP 506	CFTP Practicum I	3
CFTP 509	Prof, Eth & Legal Issues/CFT	3
Credits		15
Spring		
CFTP 502	Theory & Practice of FT II	3
CFTP 507	CFTP Practicum II	3
CFTP 514	Theory&Practice/Couple Therapy	3
CFTP 513	Sys/Rel Assess&MHDiag&Treatmen	3
CFTP 511	Intro Sex Therapy: Human Sexua	3
Credits		15
Summer		
CFTP 512	Live Supervision I	3
CFTP 508	CFTP Practicum III	3
Credits		6
Second Year		
Fall		
CFTP 601	Implications for Diver in Prac	3
CFTP 602	Research in CFTP	3
Select one of the following:		3
CFTP 603	Advanced Sex Therapy I ¹	
CFTP 605	Issue of Violence & Abuse Fami ²	
CFTP 607	CFPT Practicum IV	3
CFTP 610	Trauma-Interv/ContempContext	3
Credits		15
Spring		
CFTP 610	Trauma-Interv/ContempContext	3

Course	Title	Credits
Select one of the following:		3
CFTP 604	Advanced Sex Therapy II ¹	
CFTP 611	Medical Family Therapy ²	
CFTP 612	Families in Transition	3
CFTP 613	CFTP Masters Project	3
CFTP 608	CFTP Practicum V	3
Credits		15
Summer		
CFTP 608	CFTP Practicum V (if needed) ³	3
Credits		3
Total Credits		69

¹ Sex Therapy Track Course

² Couple & Family Therapy Track Course

³ May be required to complete Practicum V through the summer (June through August)