

COUPLE & FAMILY THERAPY (MFT)

Contacts

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Program Website (<https://www.jefferson.edu/academics/colleges-schools-institutes/health-professions/departments-programs/counseling-behavioral-health/programs/couple-family-therapy.html>)

Program Description

The Master of Family Therapy Degree is offered by our Couple and Family Therapy (CFT) Program. This is a full-time, two-year, 66-credit program, which is modeled on the core curriculum developed by the Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), focusing on key areas of contemporary practice, including:

- Couple and Family Therapy
- Culturally competent practice with diverse populations
- Families in transitions
- Family violence
- Medical Family Therapy
- Sex Therapy
- Trauma
- Unique challenges with various types of couple and family relationships

Program Curriculum:

The curriculum reflects a bio-psychosocial approach to understanding human behavior, viewing the behavior of individuals, couples, families and larger systems as the result of an interaction of biological, psychological, and social factors. It also reflects a commitment to training therapists to be aware of and sensitive to issues of cultural diversity and their impact on family functioning and the therapeutic process.

At the end of the first year of study, students will select one of two specialty tracks: the Sex Therapy Track or the Family Therapy Track. Both serve to develop a deep understanding of some of today's most pressing clinical issues. The Sex Therapy Track requires two advanced courses in sex therapy, while the Family Therapy Track requires advanced coursework in medical family therapy and family violence.

Curriculum: 2 years, 66-69 credits

Course	Title	Credits
First Year		
Fall		
CFTP 501	Theory & Practice of FT I	3
CFTP 503	Foundations of Systemic Pract	3
CFTP 506	CFTP Practicum I	3
CFTP 509	Prof, Eth & Legal Issues/CFT	3
CFTP 513	Sys/Rel Assess&MHDiag&Treatmen	3
Credits		15

Course	Title	Credits
Spring		
CFTP 502	Theory & Practice of FT II	3
CFTP 507	CFTP Practicum II	3
CFTP 514	Theory&Practice/Couple Therapy	3
CFTP 511	Intro Sex Therapy: Human Sexua	3
CFTP 515	Sys App Of Fam Med, Hlth & Wel (Sys App Of Fam Med, Hlth & Wel)	3
Credits		15
Summer		
CFTP 505	Life Span Dvlp Systemic Perspe	3
CFTP 508	CFTP Practicum III	3
Credits		6
Second Year		
Fall		
CFTP 601	Implications for Diver in Prac	3
CFTP 602	Research in CFTP	3
CFTP 607	CFTP Practicum IV	3
CFTP 610	Trauma-Interv/ContempContext	3
Select one of the following:		3
CFTP 603	Advanced Sex Therapy I ¹	
CFTP 605	Issue of Violence & Abuse Fami ²	
Credits		15
Spring		
CFTP 606	Addiction/MultisystemicContext	3
CFTP 612	Families in Transition	3
CFTP 613	CFTP Masters Project	3
CFTP 608	CFTP Practicum V	3
Select one of the following:		3
CFTP 604	Advanced Sex Therapy II ¹	
CFTP 611	Medical Family Therapy ²	
Credits		15
Summer		
CFTP 609	CFTP Practicum VI (if needed) ³	0-3
Credits		0-3
Total Credits		66-69

¹ Sex Therapy Track Course

² Family Therapy Track Course

³ May be required to complete Practicum VI through the summer