

# INTEGRATIVE HEALTH EDUCATION & LEADERSHIP (ADVANCED PRACTICE CERTIFICATE)

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## Contacts

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Program Website (<https://www.jefferson.edu/academics/colleges-schools-institutes/health-professions/emerging-health-professions/academic-programs/certificates/integrative-health-education-advanced-practice.html>)

## Program Description

The Advanced Practice Certificate in Integrative Health Education & Leadership focuses on the theories, evidence for and practice of integrative health education approaches and prepares students to meet patients' growing demand of complementary practices. This program builds on existing knowledge of Integrative Health. It is for individuals who have significant background in the field, or for those who have taken or are enrolled in the other two Integrative Health advanced practice certificates: Mind-Body Medicine and Integrative Nutrition.

## Learning Goals/Outcomes

- Understand evidence-based teaching practices, health psychology, dynamics of motivation, and behavior modification.
- Develop integrative treatment plan metrics for outcomes across illness and wellness populations.
- Develop and communicate health education milestones for long term treatment planning, adherence, and compliance.
- Utilize a range of Integrative Health Education knowledge, skills, and processes, especially when encountering challenging education situations.

## Curriculum: 9 credits

Code	Title	Credits
IHE 600	Foundations in Int Health Educ	3
IHE 610	Int Dvlp Model Well & Ldrshp	3
IHE 620	Integrative Hlth Edu Practicum	3
<b>Total Credits</b>		<b>9</b>