

# INTEGRATIVE NUTRITION (ADVANCED PRACTICE CERTIFICATE)

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## Contacts

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Program Website (<https://www.jefferson.edu/academics/colleges-schools-institutes/health-professions/emerging-health-professions/academic-programs/certificates/integrative-nutrition-advanced-practice.html>)

## Program Description

The Advanced Practice Certificate in Integrative Nutrition is unique in that it provides a foundation in nutritional science, as well as clinical and integrative applications of diets and specific nutrients. With an increasingly high-demand for nutrition education among physicians and many other health professionals, learners will be better equipped to address nutrition as a tool for improving overall health outcomes across a wide range of patients.

## Learning Goals/Outcomes

- Understand the complex role of nutrition in biochemistry, physiology, illness and health.
- Describe the role of macro and micro nutrients in regard to nutritional status.
- Explain the differences among common dietary approaches and discuss the evidence and/or lack of evidence supporting their use.
- Define biomarkers of nutritional deficiencies and suboptimal nutritional states.
- Construct and integrative nutritional plan for a wide range of patients. Understand the complex role of nutrition in biochemistry, physiology, illness and health.

## Curriculum: 9 credits

Code	Title	Credits
IN 500	Foundations in Intgr Nutrition	3
IN 510	Func Genmc, Protmc, Metabolcs	3
IN 520	Adv Conc in Integrative Nutr	3
<b>Total Credits</b>		<b>9</b>