

# COACHING IN CONTEXT (ADVANCED-PRACTICE CERTIFICATE)

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## Contacts

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Program Website (<https://www.jefferson.edu/academics/colleges-schools-institutes/rehabilitation-sciences/departments/outcomes-measurement/education/coaching-in-context.html>)

## Program Description

This Advanced Practice Certificate (APC), Coaching in Context was designed and created to provide healthcare professionals with specific skills and training to use coaching as an intervention within their practice.

- Coaching provides clients a means to identify and solve issues that are potential barriers to their performance in their life roles through goal focused problem solving.
- Students will discover coaching evidence, principles, methods and practice, develop skills to implement evidence-based coaching within their practice, coach with fidelity reflecting standards and evolve to provide mentorship to other coaches.

The Coaching in Context APC is built on evidence from positive psychology and principles of health coaching. We will focus on coaching that promotes self-efficacy and problem solving to support client's autonomy so that clients can live their best lives regardless of health circumstances

## Curriculum 16 Months, 12 Credits

Code	Title	Credits
<b>Core Curriculum</b>		
JCRS 760	Introduction and Development	3
JCRS 761	Skills for Evid-Based Coaching	3
JCRS 762	Assess&Fidel of Coaching Implm	3
JCRS 763	Coaching Evolution	3
<b>Total Credits</b>		<b>12</b>