

# COMMUNITY & TRAUMA COUNSELING (CTC)

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## **CTC 200: Relatn Trauma to Childhd Dev.**

This course integrates an understanding of typical processes and stages of childhood growth and development with an appreciation for the impact interactions by caregivers can have on the development of healthy/positive physical, intellectual, emotional, social and relational outcomes for infants, toddlers and children. Exploring what can influence positive outcomes opens minds to new awareness that in turn leads to discussions around the potential for negative outcomes, such as those connected with adverse childhood experiences and other forms of trauma. Students will identify and understand some causes of trauma and the impact of trauma on the growth, development and functioning of the brain. Discussion provides an overview of practices that influence healthy growth and development to inspire and inform such practices that can lead to the prevention of adverse experiences in childhood. An additional focus is the preparation for future exploration around the causes and impact of childhood adversity, and appropriate interventions for children and families who have experienced adversity.

**Credits:** 3

**College:** Jefferson College of Health Professions

**Schedule Type:** Lecture

## **CTC 202: Enhancing Trauma Awareness**

This course provides vital information on the causes of trauma, the complexity of trauma's presentation in children, and the impact of trauma on development. Common trauma-related responses in children will be explored, and suggestions for trauma-sensitive behaviors on the part of professionals and others who serve as caregivers of children will be provided. This course aims to develop a greater awareness of the potential impact of trauma on a myriad of related developmental processes.

**Credits:** 3

**College:** Jefferson College of Health Professions

**Schedule Type:** Lecture

## **CTC 204: Apply Trauma Princ in Practice**

This course focuses on trauma knowledge and skill acquisition, coupled with reflective practice to enhance students' progression toward trauma competence. Special attention is paid to the application of trauma principles within real-life situations to promote transfer of training.

Prerequisites: CTC 200 & CTC-202

**Credits:** 3

**College:** Jefferson College of Health Professions

**Schedule Type:** Lecture

## **CTC 230: Enhan App of Trauma Principles**

Enhancing Practical Application of Childhood Trauma Principles This course builds upon previous learning in childhood trauma, and expands upon the practical application of childhood trauma knowledge and skills through a practicum approach. Students engage in observations, planning, implementation and evaluation, and participate in Reflective Processing to enhance their development and competence.

**Credits:** 3

**College:** Jefferson College of Health Professions

**Schedule Type:** Lecture